

## V Smile Family Dental

# HEALTHY BITE, HEALTHY LIFE

BY LISA JENKINS-MOORE

While teeth straightening is most often associated with a beautiful smile, tooth alignment has many more benefits besides being aesthetically pleasing. As a practitioner that specializes in Invisalign, Dr. Tippireddy is passionate about the many issues that can be prevented now, and in the future, by properly aligning the teeth. Her expertise is immeasurable, with hundreds of hours of training in Invisalign taught by the best providers in the nation.

**S**ome patients may have straight teeth and a perfect smile and yet still have an improper bite, which can cause chipped and broken teeth, enamel wear, skin wrinkling, and more. Others may have teeth of different sizes, or intense crowding. With crowding, individuals are unable to thoroughly clean their teeth and gums, even if they have excellent hygiene habits. Consequently, unexpected infection can occur.

Invisalign answers most issues and 90% of the treatments can be completed in 6-9 months. Complex cases can take longer, and patient cooperation and dedication to the treatment impacts the treatment time. Invisalign has become increasingly popular and DIY companies advertise promising results, however, it's important to realize that treatment with these companies is not the same as what is received at V Smile. DIY companies do not take the whole mouth or the anatomy of the face into consideration—both are critical to a positive end result. Invisalign is not just about moving teeth, but doing it correctly, looking at the bone around the teeth, the periodontal conditions, and more. Dr. Tippireddy warns, "It's dangerous just to move teeth. The mouth is crucial for good health, and we see many patients who come to us to correct what was done elsewhere."



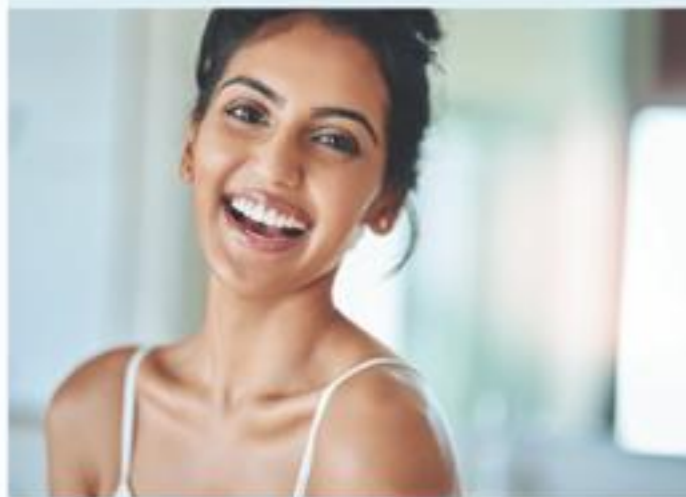
Other patients suffer from sleep apnea, TMJ, and similar issues and Invisalign can be a key part in the road to recovery. When back teeth begin to collapse, it affects the airway and can cause sleep apnea. Properly adjusting and aligning the teeth and bite can assist in better airflow. Dr. Tippireddy had an 82 year old patient who suffered with a collapsed arch and a fractured tooth who needed an implant. He did not want to continue repairing broken teeth, and sought a more conservative solution. Invisalign provided that solution; by aligning the teeth, the severe trauma that caused the fractures was eliminated. The patient was thrilled with the results and continues to talk about the difference Invisalign made in his life.

V Smile offers complimentary video consultations and convenient appointment times for even the busiest individuals. As experts in Invisalign, some patients that are not local also seek treatment, and the office is able to work with their schedules and offer treatment and support even at a distance. V Smile Family Dental is a family-friendly dental office conveniently located to serve the communities of Frisco, Little Elm, Prosper, Celina, Aubrey, Oak Point and The Colony. They're a comprehensive do-it-all practice dedicated to maintaining the health of your smile.

With more than 20 years of experience in the dental field, Dr. Tippireddy shares, "We are a general dentist office that focuses mainly on cosmetic work and Invisalign. However, we offer a wide array of services for you and your family's dental needs, including dental check-ups, teeth cleanings, exams and X-rays, sealants, teeth whitening, crowns, fillings, dentures, and more. We view each patient as a unique individual and tailor each treatment to their specific needs."

Dr. Tippireddy has over 21 years of experience as a dentist. She received her Bachelor of Dental Surgery degree from Meenakshi Ammal Dental College in Tamilnadu, India in 1999 and earned her Doctor of Dental Surgery degree, with honors, from the University of the Pacific, School of Dentistry in San Francisco, California in 2006. She has been practicing in the DFW area ever since.

V Smile Family Dental is located at the intersection of Eldorado and FM 423 next to Eggcellent Café in the same shopping complex as Walmart. For more information call (214) 872-2700 or visit [www.dentistoffrisco.com](http://www.dentistoffrisco.com)



#### FIVE STAR REVIEWS:

*"This is an amazing Dental clinic. They really care about their clients. Dr. Tippireddy is a very experienced dentist. My wife and I are regulars and very happy with this place. I have had a dental surgery, some fillings and regular checkups and cleaning. The Dr. is very, very good at surgeries and the whole staff is very skillful as well. Would highly recommend them to others."*

*"This Dental office is amazing. Wonderful staff and Dr. V is fantastic! If you are looking for a great Dentist she is it, if you are thinking about Invisalign she is the Dentist to go to. It took me about 7 months and now I have an amazing smile. The results were way better than expected."*

*"Dr Tippireddy and her staff are fantastic! The front staff is very friendly and helpful and the Dr is very skilled. I was able to get Invisalign here and use my CareCredit for it. Love the results and love this office!"*



Vijaya Tippireddy, DDS  
12388 FM 423, #100  
Frisco, TX 75033  
214-872-2700

[www.dentistoffrisco.com](http://www.dentistoffrisco.com)